



Signs and Symptoms of Mental Health Disorders (Families)

Pre-Test / Post-Test

1. I understand my family member's mental health diagnosis.
 - a. Strongly disagree
 - b. Disagree
 - c. Agree
 - d. Strongly Agree

2. I can tell the difference between a developmental symptom and a mental health symptom.
 - a. Strongly disagree
 - b. Disagree
 - c. Agree
 - d. Strongly Agree

3. I am able to determine what is normal/typical behavior for my family member and abnormal/atypical behavior for my family member.
 - a. Strongly disagree
 - b. Disagree
 - c. Agree
 - d. Strongly Agree

4. I believe that most developmentally delayed/disabled individuals have a co-occurring, mental health problem.
 - a. Strongly disagree
 - b. Disagree
 - c. Agree
 - d. Strongly Agree

5. I understand that isolation, avoidance and inability to make eye contact is primarily the result of the intellectual disability and/or developmental disability.
 - a. Strongly disagree

- b. Disagree
 - c. Agree
 - d. Strongly Agree
6. I can identify the major symptoms of depression in my family member.
- a. Strongly disagree
 - b. Disagree
 - c. Agree
 - d. Strongly Agree
7. I feel I have the skill or ability to recognize psychotic symptoms/features in my family member.
- a. Strongly disagree
 - b. Disagree
 - c. Agree
 - d. Strongly Agree
8. I can identify the key developmental behaviors in my family member.
- a. Strongly disagree
 - b. Disagree
 - c. Agree
 - d. Strongly Agree
9. I can identify the key mental health behaviors in my family member.
- a. Strongly disagree
 - b. Disagree
 - c. Agree
 - d. Strongly Agree
10. I often assume that the maladaptive behavior is the result of the developmental disability.
- a. Strongly disagree
 - b. Disagree
 - c. Agree
 - d. Strongly Agree