

Executive Summary For MHSA Awarded Grant

On July 11, 2011, San Gabriel/Pomona Regional Center (SG/PRC) was awarded a Mental Health Services Act (MHSA) grant to replicate a successful program called the Anchor Project from Golden Gate Regional Center. SG/PRC will receive \$195,867.00 over a three-year period to replicate the Anchor Project and to create a mechanism to share information and resources developed through the grant on a statewide basis.

The MHSA grant monies will be available to SG/PRC in the following manner:

	Fiscal Years (FY)		
	2011/2012	2012/2013	2013/2014
Amount Per FY	\$46,081.00	\$61,129.00	\$88,657.00
Total For All 3 FY's	\$195,867.00		

SG/PRC will use the MHSA grant monies to accomplish the following:

- 1) Contract with Alma Family Services, a local mental health provider already familiar with regional center clients with co-occurring mental health diagnoses, to do the following:
 - a) Provide group and individual psychotherapy services and training in anger management, social skills and problem solving to a pre-selected group of regional center clients with a history of multiple involuntary psychiatric hospitalizations, with the goal of the clients and their families learning strategies to reduce challenging behaviors and the subsequent need for psychiatric hospitalization.
 - b) Develop and provide two training topics: Signs and Symptoms of Mental Health Disorders; and Navigating the Mental Health System. These will be provided to SG/PRC staff, families, residential providers, and other vendors. These trainings will be mandatory for anyone supporting the identified group of regional center clients.

- 2) SG/PRC will contract with the Board Resource Center, a company familiar with developing user-friendly webcasts for the regional center community, to create the following:
 - a) A webpage dedicated to the proposed MHSA project which will be maintained for a period of three years after completion of this project. This webpage will be linked to the SG/PRC main website. This webpage will contain any materials developed through this grant that would be helpful to any community member interested in building local mental health resources for people who have a co-occurring Axis I diagnosis and a developmental disability.
 - b) The two training topics created by Alma Family Services for SG/PRC staff, families, and vendors will be used to develop a number of user-friendly webcasts. These webcasts trainings will be placed in the dedicated webpage for the use of the community.